SPORTS FACILITIES

Sports facilities are organized by the Sport Centre (Centro Universitario Sportivo - CUS). Its objective is to promote sports activities among students, university staff and their families. There are 2 football grounds, a five-a-side football ground, 2 floodlit tennis courts, and in addition volleyball, basketball and fitness gyms are provided on campus. Football and rugby tournaments are regularly organized. Besides traditional sports, other physical activities combined with music are available: modern dance, disco dance, ballroom dance, Latin-American dances but also courses in guitar and flute.

For more details link at http://www.cuscosenza.it/.

In addition to sports activities (organized and managed by CUS), the Sports Centre deals with:

- Trips and excursions
- Cultural activities
- Well-being laboratory