

VADEMECUM

Health care for citizens of non-EU countries in Italy

What international students have to do when they come to Italy (link to Ministry of Health):

<https://www.salute.gov.it/portale/assistenzaSanitaria/dettaglioContenutiAssistenzaSanitaria.jsp?lingua=italiano&id=1764&area=Assistenza%20sanitaria&menu=vuoto>

BRIEFLY:

If you are a foreign citizen legally present in Italy, **you can access the National Health Service (SSN)** in different ways depending on the reason for your stay.

-If you are **temporarily** present, for a period not exceeding 90 days (e.g., tourist), you can **receive** urgent and elective health care services upon payment of the relevant regional rates.

Enrolment in the SSN is not provided, except for students and au pairs.

-If you have a valid residence permit, you can enrol in the SSN by contacting the local health care (ASP) of your municipality of registered residence, or, if you are not yet a resident, the municipality of actual domicile indicated on your residence permit.

Registration with the SSN allows you to choose a general practitioner on the ASP

Healthcare assistance is extended to your dependent family members who reside legally in Italy.

IMPORTANT INFORMATION

>> Duration of SSN enrolment: same duration as the residence permit.

While waiting for the issuance of the family permit or the first work permit, enrolment is temporary and will be converted to the same duration as the permit upon its presentation.

>> The health card entitles you to receive the following services: having a family doctor or paediatrician, free hospitalization at public and conventional hospitals, pharmaceutical assistance, general outpatient, medical examinations, specialist medical examinations, medical home visits, vaccinations, blood tests, x-rays, ultrasound scans, medicines, rehabilitation and prosthetic care, other services provided in the essential levels of care.

>> How to access health care: At the time of enrolment, you choose the family doctor or paediatrician, whose name will be on your health care card, and you can consult them for free.

When you have a prescription for medical treatment, issued by your family doctor, you will be able to make the relevant reservation according to the procedures defined by the Region in which you are enrolled.

Each specialist visit involves the payment of a health care cost-sharing fee (ticket) as is the case for Italian citizens.

Modalities of exemption from the payment of the ticket are provided for recognized specific conditions of income, age, disability or pathology.

The Ticket Exemption Card is issued at the counters of your ASP.

>>**VOLUNTARY REGISTRATION**

Foreigners residing legally in Italy, for a period of more than three months, who do not have the right to compulsory registration, are **obliged to take out insurance against the risk of illness, accident and maternity by taking out a private insurance policy, or by voluntarily registering** with the SSN through the payment of an **annual contribution**, in accordance with Article 1, paragraph 240 of Law No 213 of 30 December 2023:

a) the contribution required by current regulations is 2,000 euros per year»;

b) the contribution is 700 euros per year for foreigners residing in Italy who hold a permission for study purposes;

>>**How and where to register voluntarily with the SSN?**

You can register voluntarily with the SSN by **paying an annual contribution**.

Note that voluntary registration with the SSN **refers to the calendar year (1 January - 31 December)**, regardless of whether your residence permit expires between one year and the next; it is not divisible and is not retroactive.

Only when your residence permit is renewed, upon payment of the annual contribution you can keep your registration with the SSN, pending the submission of your residence permit to your ASP.

The contribution is paid via F24.

For registration with the National Health Service, you must go to the ASP counters with the following documents:

1. valid residence permit or application for renewal of the permit attested by the receipt issued by the Post Office or the Police Headquarters.
2. self-certification of residence or, in the absence of the latter, a statement of actual residence, as it appears, on the residence permit.
3. tax code or self-certification.
4. Receipt certifying the submission of the application for the issuance of the first residence permit issued by the Post Office.

Book appointment: send email to centrosanitario@unical.it with info about yourself (age, country etc...) and Unical credentials (for certificate pickup, only available *Friday morning from 10 a.m. to 1 p.m.*).

The health center is located at cube 34, second floor: <https://g.co/kgs/VD5nnsW>

International students, on a voluntary basis, can access the University Psychologist Counseling Service, which allows them to have 5 sessions with specialized psychological staff to provide support for university students who may be facing challenging developmental tasks, transitional issues, and difficulties adapting to the university experience. To book an appointment, students can use the online ticketing service: <https://ticket.unical.it/tickets/new/counselling-psicologico/>

ASP OFFICES IN RENDE <https://www.asp.cosenza.it/>

-Distretto Valle Crati: Via Kennedy J. F., 27--open Monday-Friday from 8:30 to 12:30 (number phone: 0984 8430315, 0984 8430334)

-Guardia Medica - Servizio di Continuità Assistenziale: Via Bucci Pietro—every day 00-8:00, 20-24, Saturday 10:00-24:00, Sunday all day (number phone 0984 402518)

-Azienda Sanitaria Provinciale di Cosenza: Via Alvaro Corrado, (number phone 0984443123, whatsapp +39 347 389 4674)

>>WHAT SHOULD I DO IF I AM SICK OR I HAVE A HEALTH PROBLEM

For emergency:

- 1) phone 118, and carefully explain your problem
- 2) call your doctor to ask what to do (if you choose to register with SSN)
- 3) go to the nearest Guardia Medica (up you see the phone number and the address)

QR Code Centro Sanitario UNICAL

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